The Child and Adolescent Psychotherapy Training Program of the William Alanson White Institute is offering the following mini-courses:

1. **The Transference at Work in Child Therapy**  
   **Instructor:** Ilana Attie, Ph.D. – 4 classes | June 2, 9, 16, 23 (8:30-10:00am)

This course will focus on the importance of transference for understanding children’s communications and play in a therapy session. Drawing upon the contributions of Klein, Bion, and their followers, I will use clinical vignettes to elucidate such constructs as: unconscious phantasy, projective identification as a means of communication, the gathering of the transference, defenses against anxiety, and containment. Clinical examples will be used to bring these concepts alive and to help students learn how to use them in their psychotherapeutic work with children.

**Ilana Attie, Ph.D.** is a clinical psychologist and psychoanalyst in private practice. She is on the faculty of the Manhattan Institute for Psychoanalysis and has published in the field of developmental psychopathology and eating disorders.

2. **Working with Inner City Children and Families: Psychoanalytic Writings on Race and the Clinical Encounter**  
   **Instructor:** Skye Haberman, Psy.D. – 4 classes | June 2, 9, 16, 23 (11:30-1:00pm)

This course will cover a range of topics focusing on working with inner city children and families. It will cover psychoanalytic writings on race and class, race and the clinical encounter, culture and identity of therapist and patient, the social unconscious, working in community mental health settings and systemic stressors. The importance of maintaining a relational psychoanalytic orientation, given the encroachment of CBT, will be addressed. Readings will include Analyst in the Inner City (Neal Altman); Surviving Hating and Being Hated (Kathleen Pogue White); Why Teens Hurt (Kenneth Hardy); Analysts in the Trenches.

**Skye Haberman, Psy.D** works in Pediatric Psychiatry at New York Presbyterian Hospital, is on the Executive Committee of the Child and Adolescent Psychotherapy Training Program of the William Alanson White Institute, and supervises at the Harlem Family Institute. She is in private practice in Manhattan.

3. **Eating Disorders**  
   6 classes | May 26, June 2, 9, 16, 23, 30 (10:00-11:30am)

**Week 1: May 26**  
**Eating Disorders: The Interface of Self and Affect Regulation with Neurobiology in Clinical Applications of Analytic Treatment**  
**Instructor:** Jean Petrucelli, Ph.D.

Using clinical case material this class will present a detailed, practical exploration of how one works analytically with anorexic, bulimic and binge-eating patients beyond symptom alleviation. With an eye towards understanding the neurobiological underpinnings and the implications of these finding in clinical treatment, the concepts of attachment theory, self regulation and affect regulation will be viewed as interpersonal constructs. The need for novelty will be illustrated in clinical moments where the relational field shifts. The often neglected work with male eating disordered patients will be discussed. Issues related to body obsession, diagnosis,
assessing the level of care, food language as metaphor, and creating contracts and food charts will be presented as part of the bridge one builds to enter the ritual-filled world of the eating disordered patient.

Jean Petrucci, Ph.D. is Director and Co-Founder of the Eating Disorders, Compulsions & Addictions Service (EDCAS) and a Fellow, Supervising Analyst and member of the Faculty at the William Alanson White Institute; and Faculty, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis. She is an associate editor for Contemporay Psychoanalysis. Dr. Petrucci is Editor of the following books: Knowing and Not-Knowing and Sort-of-Knowing: Psychoanalysis and the Experience of Uncertainty (Karnac, 2010); Longing: Psychoanalytic Musings on Desire (Karnac, 2004); and co-editor of Hungers and Compulsions: The Psychodynamic Treatment of Eating Disorders & Addictions (Aronson, 2001). She maintains a private practice in NYC.

Week 2: June 2
Disordered Eating and Eating Disorders in Pre-Adolescence
Instructor: Jacqueline Ferraro, D.M.H.

This class will examine issues in pre-adolescence connected with disordered eating patterns and ways they can contribute to the development of an eating disorder. It will explore psychodynamic elements and developmental, familial and societal factors in prevention and treatment.

Jacqueline Ferraro, D.M.H. is a Supervisor of Psychotherapy at the William Alanson White Institute; Faculty, Director of Curriculum, Executive Committee member of the Child and Adolescent Psychotherapy Training Program and Associate Director of the Parent Center of the William Alanson White Institute. She is a member of the Steering Committee, Faculty, and Supervisor of the Eating Disorders, Compulsions and Addictions Service (EDCAS). Dr. Ferraro is in private practice, seeing children, adolescents and adults in Manhattan and New Jersey.

Week 3: June 9
Eating and the Gendered Self
Instructor: Sarah Schoen, Ph.D.

This class will consider how cultural, developmental, and psychological forces influence the relationship between eating and gendered identity. The focus will be on how feelings about eating and bodies are tied to a person’s experience of themselves as a man or as a woman. For people with eating problems, experiences of self as desiring and desirable are often played out in relationship to food and body size. Clinical material will be used to explore how both the patient’s and therapist’s gendered selves, including feelings about their bodies and appetites, shape and transform the interpersonal field.

Sarah Schoen, Ph.D. is a graduate of the William Alanson White Institute's psychoanalytic training program. She is a member of the Steering Committee, Faculty, and Supervisor for the Eating Disorders, Compulsions, and Addictions Service (EDCAS), and former faculty on the Bellvue/NYU Program for Survivors of Torture. She has expertise in issues related to gender, trauma, and loss. She was the recipient of the Power Fellowship at the University of Michigan, which provided intensive training in the sequela of loss and traumatic loss during childhood and short and long-term effects on identity development. Dr. Schoen is in private practice in Manhattan where she sees adults, adolescents, and couples.

Week 4: June 16
Body Image
Instructor: Elizabeth Halsted, Ph.D.

This class will explore the concept of body image with developmental considerations. As clinical theory has evolved the body image concept has grown to include a rich array of tools and intervention strategies. For patients who use their body rather than symbolic thinking as the central component of their psychology, we must become attuned and fluent to the bodily register. We will tune our ears to the body.
Elizabeth Halsted, Ph.D. is a Supervisor of Psychotherapy at the William Alanson White Institute and Long Island University. She is Faculty, Supervisor and a member of the Steering Committee for the Eating Disorders, Compulsions and Addiction Service (EDCAS) at the White Institute. Dr. Halstead is the Psychology Consultant to the Rudolph Steiner School in Manhattan and maintains a private practice in Greenwich Village.

Week 5: June 23
Understanding and Dealing with Obesity: Psychological Factors in Bariatric Surgery and The Impact of Changes In The Physical Self
Instructor: Janet Tintner, Psy.D.

This class will focus on the psychodynamic underpinnings of obesity, including emotional factors driving overeating and the meaning of a larger body as defense or interpersonal communication. We will discuss psychological challenges accompanying weight loss achieved with Bariatric Surgery, including psychological and practical issues in the choice of procedure (Gastric Bypass or Adjustable LapBand). The Interpersonal dimensions of changes in the physical self will be explored via the response weight loss evokes in others, be they partners, spouses, or patients.

Janet Tintner, Psy.D. is a supervisor of Psychotherapy at the William Alanson White Institute and Faculty, Supervisor and member of the Steering Committee of the Eating Disorders, Compulsions and Addictions Service (EDCAS). She is in private practice and specializes in teaching and working with people who are obese and their families, including the use of bariatric surgery.

Week 6: June 30
Bingeing: When Too Much is Not Enough and Not Enough is Too Much
Instructor: Anne Malave Ph.D.

Binge-eating is a symptom which occurs across all eating disorders, from the bingeing that follows anorectic constraint, to full-blown bulimia, to binge-eating disorder. Using clinical material, this class will offer a way of using the interpersonal method to engage this symptom and connect surface behaviors with underlying psychic phenomena. Particular emphasis will be paid to using the therapist’s countertransference.

Anne Malave, Ph.D. is a clinical psychologist in private practice on the upper west side of Manhattan, and in upstate (Dutchess County), New York. She is a graduate, faculty, and supervisor at the William Alanson White Institute (WAWI), where she teaches in four different programs: the Eating Disorders Compulsions and Addictions Service (EDCAS), the Intensive Psychoanalytic Psychotherapy Program (IPPP), the Postdoctoral Training Program, and the Child and Adolescent Psychotherapy Training Program (CAPTP). Dr. Malave is a supervisor and member of the steering committee for EDCAS. She is particularly interested in the interpersonal sequelae of eating disorders and addictions and how to engage the patient with these phenomena within the consulting room. Dr. Malave has experience with addictions (cocaine, marijuana), and especially with alcoholism. Her main area of interest, however, is in the area of infertility, assisted reproduction, adoption, and associated areas.

All courses will be held at the White Institute on Thursdays, between 8:30 AM-1:00 PM. These mini-courses are open to clinicians for a fee of $25/class: for example, a 4 week course has 4 classes and will cost $100. There is no charge for candidates/graduates of the William Alanson White Institute; (Space is limited)

Please register for classes with Diane Amato: 212-873-0725 x20

Questions: Please contact Jacqueline Ferraro, D.M.H. 212-496-0442