

## **Working Psychoanalytically – Spring 2019**

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1). Introduction: Developmental processes for analysts and patients.

How are people more or less able to negotiating differences, hold multiple perspectives, and risk change?

Gabbard, G.O. and Ogden, T.H. (2009). On becoming a psychoanalyst. *International Journal of Psychoanalysis*, 90(2):311-327.

Spurling, L. (2018). On claiming a psychoanalytic identity. *The Psychoanalytic Quarterly*, 87(4), 667-693.

2) Psychoanalytic Training: What it does to us? What it does for us?

How does our thinking emerge and become psychoanalytic? How does this change and become an integral part of the psychotherapy we conduct? Has it been a good therapy?

Ferro, A. (2006a) – Ch. 1 “Narration and Interpretation.” In *Psychoanalysis as Therapy and Storytelling*, New York: Routledge.

Slochower, J. (2006) Ch. 2 “Negotiating a Personal Idiom.” In *Psychoanalytic Collisions*, 23-42, New York: Routledge.

3) Is there a meaningful distinction between analysis and therapy? If such a distinction exists, is it one of frequency, process, focus, or outcome? Does one preclude the other? Are they foreground-background phenomena? Are they aspects of intimate relatedness that emerge as need be? As part of our training experience do we naturally transform our analytic thinking into therapeutic action?

Schoen, S. (2015). "Afraid to Commit: Proposing Psychoanalysis and the Paradox of the Analyst's Desire." *Contemporary Psychoanalysis*, 51 (4): 649-679. .

Winnicott, D.W. (1974). Fear of Breakdown. *International Review of Psycho-Analysis*, 1:103-107.

4) Considerations of Difficulty. The difficult patient and our own therapeutic difficulties in working with them. Our needs to become creative with patients in order to be therapeutic, and how do we explain this? Parameters: The increasing use of parameters in psychotherapy.

Green, A. "The Dead Mother," in *On Private Madness* (1986). London: Karnac.

Nachmani, G. (1992) "On Mourning the Death of a Parent who has not Died." *Contemporary Psychoanalysis*, p. p.522

5) Leaving our training behind us and doing our work intuitively. This topic is very broad and it is meant to be. Among its implications is the freedom that we acquire from our own analyses and the courage that we gain to act originally.

Greenberg, J. (1996). "A Clinical Moment." *Psychoanalytic Dialogues*, 8: 217-224.

Grossmark, R. (2012). "The Unobtrusive Relational Analyst." *Psychoanalytic Dialogues*, 22: 629-646.

6) Crises. How do we change our work to deal with crises? Failures of Defense. Overwhelming challenges in life. At what age? Loss. Relationship Crises. Internal conflicts. Inhibitions. Blind spots. Inability to learn from experience. What are the obstacles? How do we overcome them?

Casement, P. Ch. 5 "Hate and Containment." In *Becoming a Psychoanalyst*, New York: Routledge.

Slochower, J. (2006). Ch. 5 "Existential Crises in the Consulting Room." In *Psychoanalytic Collisions*, New York: Routledge, 87-100.

7) Enactments: Psychotic and Neurotic commitments to live in a particular manner, state of mind. Refusals to 'grow up.' Transference and Countertransference Jams. Impasses.

Benjamin, J (2004). Beyond Doer and Done to: An Intersubjective View of Thirdness. *Psychoanalytic Quarterly*, 73, 5-46.

Harris, A. (2009). "You Must Remember This." *Psychoanalytic Dialogues*, 19:2-21.

8) Collusions. What do we know? What we do not know? What we do not know that we do not know? What we know we have to do to engage a patient.

Davies, J.M. (2016). The man who would be everything (to everyone): The unconscious realities and fantasies of psychic truth and change. *The Psychoanalytic Quarterly*, 85(2): 361-390.

Bach, S. ( 2006) "Confusion in the Analytic Hour," in *Getting From Here to There*.

9) Good outcomes: How we got there. Case Examples.

Aron, L. (2000). Self-Reflexivity and the Therapeutic Action of Psychoanalysis. *Psychoanalytic Psychology*, 17: 667-689

9) Goodbyes. Criteria for ending Psychotherapy.

De Simone, G., (1997) *Ending Analysis*. London. Karnac. **Reading to be selected by instructors.**

Silverman, S. ( 2010) "Will you Remember Me? Termination and Continuity." In J. Salzberg (Ed.) *Good Enough Endings: Breaks,*

*Interruptions and Terminations from Contemporary Relational  
Perspectives.*