

William Alanson White Institute
20 W 74th Street, NYC 10023
Course #310
Second Trimester, 2019

The Development of the Self: An Object Relations Perspective

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January 22, 2019

Week 1: The Birth of the Analytic Self in the British Middle School

Johns, J. (2009). How Do You Get Where You Want to Be When You Don't Know Where You Want to Be?. *Psychoanal. Inq.*, 29:223-235.*

Parsons, M. (2009). An Independent Theory of Clinical Technique. *Psychoanalytic Dialogues*, 19: 221-236.*

Discussion Questions:

What are some prevalent themes in the British Middle School?

What are the mechanisms of change (or therapeutic action)?

How does Johns' development of her analytic self relate to your own training/learning process?

January 29, 2019

Week 2: The Role of Other in the Development of the Self

Winnicott, D.W. (1945). Primitive Emotional Development. *International Journal of Psychoanalysis*. 26: 137-143. *

Discussion Questions:

According to Winnicott, what are three primitive processes that occur prior to the paranoid-schizoid position?

How does an infant use the mother to learn about themselves and their worlds?

Suggested Reading:

Slochower, J. (2014). *Holding As Metaphor: The Winnicottian Model. Holding and Psychoanalysis. A Relational Perspective.* Routledge, USA, p. 8-23.

February 5, 2019

Week 3: The Schizoid Self: The Cost of the Other

Guntrip, H. (1971). The Schizoid Problem. Psychoanalytic Theory, Therapy, and the Self. Basic Books, USA, p.145-173.

Discussion Questions:

How does Guntrip describe schizoid phenomenon?
How do problems with the self affect relationships?

February 12, 2019

Week 4: The Basic Fault: A Clinical Perspective

Balint, E. (1993). On Being Empty of Oneself. In Before I was I. Psychoanalysis and the Imagination. The Guilford Press, New York. P.37-56.

Balint, M. (1968). The Basic Fault. Therapeutic Aspects of Regression. Northwestern University Press, Illinois, p. 18-23.

Discussion Questions:

What is M. Balint's basic fault?
How does E. Balint describe the feedback loop between mother/infant?
How do you create a shared meaning in psychoanalysis?

Candidate Clinical Presentations

February 19, 2018

Week 5: The Internal World: Fairbairn's Contribution

Ogden, T. H. (2010) Why Read Fairbairn? International Journal of Psychoanalysis, 91(1), 101-118.*

Discussion Questions:

What is the role of love and frustration in the formation of internal objects?
How does Fairbairn's (vis-a-vis Ogden's) theory relate to Interpersonal theory?

Candidate Clinical Presentations

***Readings will be emailed as PDF's.**

All unmarked readings are on the Reserve Library.