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Infancy Research and Adult Treatment 2019

From Freud's early discoveries, psychoanalysts have known that the past lives in the present, and that the present can transform the past. We use this knowledge to form our hypotheses and engage in clinical work. Contemporary developmental research has vastly enriched our psychoanalytic understanding of the past in the present. In doing so, I believe it can help us conceptualize the work of psychoanalysis from an interpersonal perspective. In this part of the course, following Pat's classes in psychoanalytic theories of development, we will examine contemporary infant research, and how to use it in thinking about your adult clinical work.

Week 1: March 12 Systems thinking in Infant Research and Interpersonal psychoanalysis: the competent infant and psychoanalysis as communication theory

Abramis, M. (2018). Unpublished paper. Tenderness to mutuality: Attachment and psychoanalysis.

Beebe, B., Cohen, P., Lachmann, F. (2016). The mother-infant interaction picture book: Origins of attachment. pp 1-50. W.W. Norton. New York.

Week 2: March 19 Mutual regulation, repair, recognition and love.

Tronick E. and Beeghly, M. (2011) Infants' meaning-making and the development of mental health problems. *American Psychologist*. February-March 2011. American Psychological Association.

Beebe, B., Cohen, P., Lachmann, F. (2016). The mother-infant interaction picture book: Origins of attachment. pp. 53-232. W.W. Norton. New York.

Week 3: March 26 Attachment basics

Target, M. (2005). Attachment theory and research. In: E. Person, A. Cooper, G. Gabbard Eds. Textbook of psychoanalysis. pp. 159-172. Arlington, Virginia. The American Psychiatric Publishing.

Wallin, D. (2007). Attachment in psychotherapy. pp. 28-42. New York. Guilford Press.

Week 4: April 2 Mentalization: reflecting on mental states-thoughts, feelings and intentions. Making meaning/ making sense of the interpersonal world

Holmes J. and Slade, A. (2018). Chapter 7 Mentalizing. In: Attachment in therapeutic practice, pp. 61-84. Sage Publications.

Bateman A. and Fonagy P. (2013). Mentalization-Based treatment. *Psychoanalytic Inquiry*, vol. 33. Pp 595-613.

**Week 5: April 9 Beatrice Beebe, Ph.D. Guest presentation- double session
Prep for Beebe**

Beebe, B. and Harrison, A. (2018) Rhythms of dialogue in infant research and child analysis: Implicit and explicit forms of therapeutic action. *Psychoanalytic Psychology*, Vol 35: 4. Pp 367-381.

Beebe, B. (2004) Faces in relation: A case study. *Psychoanalytic Dialogues*, 14 (1) pp 1-51.

Galligan, Beebe, Milne, Ewing, Lee, Buck (2018). Maternal into-the face behavior, shared attention, and infant distress during face-to-face play at 12 months:Bi-directional contingencies. *Infancy*, 23(4), pp 538-557.

Week 6: April 16 Attachment and intersubjectivity in clinical practice

Slade, A. (2014). Imagining fear: Attachment, threat, and psychic experience. *Psychoanalytic Dialogues*, 24: 253-266.

Lyons-Ruth, Karlen (2017). Revisiting the idealizing transferences: “Needful things”and the Faustian bargain. *Psychoanalysis, Self and Context*. 12:197-210.

Week 7: April 30 Continuing attachment and intersubjectivity

Fonagy, P. and Alison, E. (2014). The role of mentalizing and epistemic trust in the therapeutic relationship. *Psychotherapy*. pp. 1-27.

Abramis case discussion

Week 8: May 7 Culture

Tronick, E. (2007) Multiple caretaking in the context of human evolution: Why don't the Efe know the Western prescription for child care? Chapter 8. In: The neurobehavioral and social-emotional development of infants and children. pp 102-122. W.W. Norton and Company: New York.

Sapolsky (2019). This is your brain on nationalism. *Foreign Affairs Vol 98*, 2,pp 42-47.

Week 9: May 14 (David Rappaport double session)

OPTIONAL:

Beebe, Messinger, Bahrnick, Margolis, Buck and Chen (2016). A systems view of mother-infant face-to-face communication. *Developmental Psychology*. Vol. 52. No 4,pp 556-571.

Cortina, Mauricio, M.D. (2001). Sullivan's contributions to understanding personality in light of attachment theory and contemporary models of the mind. *Contemporary Psychoanalysis*. 37:193-283.

Myron Hofer. Hofer, M. (2014). The emerging synthesis of development and evolution: A new biology for psychoanalysis. *Neuropsychoanalysis*. 1-20.

Beebe, B. (2014). Myron Hofer's synthesis of evolution and development: A commentary. *Neuropsychoanalysis*. 23-29.

Stern, Sander, Nahum, Harrison, Lyons-Ruth, Morgan, Bruschiweiler-Stern and Tronick. (1998). Non-interpretive mechanisms in psychoanalytic theory. *International Journal of Psychoanalysis*, 79. 903-921.

Process of Change Study Group. (2005). The "something more" than interpretation revisited: sloppiness and co-creativity in the psychoanalytic encounter. *JAPA* 53/3.