

Mark Goldenthal, Ph.D.
127 West 79th Street
New York, NY 10024
212-799-1303
MarkGoldenthalPhD@gmail.com

WILLIAM ALANSON WHITE INSTITUTE

PSYCHOPATHOLOGY FOR LICENSED CERTIFIED PSYCHOANALYTIC
PROGRAM

TEN CLASSES:

This class has reading assignments, projects, clinical suggestions, and progress assessments.

September 15, 2016 CLASS I : INTRO TO PSYCHOPATHOLOGY

READING: DSM5 (2013) American Psychiatric Assn., Arlington,, VA
Read: Pages Intro: 1-25, Peruse 31-87 (Focus on p59-66); review carefully p747-748; read and learn 87-123; memorize p742-744.
Shim, R Compton, M (2015) Social Determinants of Mental Illness Chapter, American Psychiatric Publishing Chapter 1 From Social Determinants of Mental Illness p1-18; chapter 3 Adverse Childhood 47-65

This class will provide a general introduction to issues of diagnosing psychopathology.

- History of observing mental illness in Greece, Medieval, and Enlightenment epochs, and general objections of “anti-psychiatry” movements of 19th Century
- Emergence of Kraeplin vs Freud
- Early 20th Century ideas: Freud, Jung, Reich, Morton Prince,
- Mid-20th Century ideas: Klein, Fairbairn, Federn, Sullivan
- Mid-Century objections to Psychiatric Diagnosis: Lacan, Foucault, Feminist, Szasz, Laings
- DSM II vs DSM III – the limits of etiological models
- The rise of Cognitive Behavioral Models and the rebirth of Kraeplin
- Attachment styles, neo-dissociation theory,
- DSM V and RDC criteria

September 22, 2016 CLASS II – CONSTITUTIONAL DISORDERS Disorders of Attention, Learning, and Memory, Psychosis, Dementia
READING: DSM5 (2013) American Psychiatric Assn., Arlington,, VA

Read: Pages Intro: 1-25, Peruse 31-87 (Focus on p59-66); review carefully p747-748; read and learn 87-123; memorize p742-744.
Nancy McWilliams (1994) Psychoanalytic Diagnosis, Guilford, NY (Chapter 2: p19-39)

This class will review:

- What parts of the brain are implicated
- Symptoms and assessments

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- Comorbidity with Bipolar Disorder
- Observing patients on medication – side effects
- Impact on developing robust, accurate, congruent-over-time, benign and whole internal object representations and accessing them
- Impact on the self, attachment, and mentalization
- Impact on affect regulation, judgment, insight,
- Impact on GAF
- Impact on treatment

September 29, 2016 CLASS III : CONSTITUTIONAL FACTORS:
NEURODEVELOPMENTAL DISORDERS, SCHIZOPHRENIA SPECTRUM,
Readings include previous two weeks.

This class will

- Review the history of bipolar disorder from ancient Greece through Kraepelin, reviewing the literature describing clinical states by patients and their “healers”
- Freud, Klein, Jacobson on Manic Depression
- Discuss the bipolar hypothesis, family history hypothesis, biomedical description
- Review criteria for formal thought process disorder
- Discuss the meaning of “mood”, “affect” and feelings – focus on irritability
- Differential diagnostic issues with Schizophrenia, Bipolar, and Schizoaffective Disorders
- Examine the criteria for Schizophrenia including positive and negative symptoms
- Examine the criteria for Bipolar Disorder with a focus on Bipolar I mania and depression

October 6, 2016 CLASS IV : CONSTITUTIONAL FACTORS
CONTINUED: EXECUTIVE FUNCTIONING DISORDERS, BIPOLAR SPECTRUM
DISORDERS Bipolar I, II, Mixed States, Bipolar Depression, Atypical Depression,
Rapid Cycling and Ultra rapid forms;

READING: DSM 5: BIPOLAR AND RELATED DISORDERS; pages 12-155
Ghaemi, Goodwin, et al: Diagnosis of bipolar depression page 4-31
Nancy McWilliams (1994) Psychoanalytic Diagnosis, Guilford, NY (Chapter 2: p19-39)
Ghaemi in Depression 2013 Postmodernism Debunked

This class will

- Explore the impact of specific cognitive deficits associated with bipolar and unipolar disorders including ADHD
- Provide a framework for later comprehending problems resultant in object-relations, self-object, mentalization and defensive structure formation in Executive Function Deficits with implications for treatment
- Teach in greater depth the criteria for Bipolar disorder (DIGFAST)

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- Focus on the complex differential diagnosis of Bipolar disorder, Personality Disorder, Unipolar Depression,
- Examine criteria for mixed symptoms of anxiety comorbid with depression, agitated depression, atypical depression
- Review Ghaemi's criteria of bipolarity
- Explore clinical material of different aspects of these disorders

October 13, 2016 CLASS IV: UNIPOLAR DISORDERS

READING: DSM5-Depressive Disorders p 155-189; also Anxiety Disorder 189-235 Nancy McWilliams (1994) Psychoanalytic Diagnosis, Guilford, NY (Chapter 6 p117-144)

Ghaemi, N (2103) : On Depression, Johns Hopkins University Press, Baltimore Chapter 2 pages 11-34

This class will discuss the Unipolar Depressions

- Biological hypothesis: HPA Axis, neurotransmitter models activity, overlap of anxiety and depression
- Kendler's epidemiology of Depression and Anxiety : Gene and environment influence
- Brief review of Psychoanalytic models:
Abraham
Freud
Klein
Bibring
Jacobson
Sullivan
- Brief review of Cognitive Behavioral Models: 7 errors of thinking
- Biology vs environment in depression - Gahemi

October 20, 2016 CLASS V: TRAUMATIC DISORDERS

READINGS: Bromberg, Standing in the spaces

Bromberg, P, (1996) Standing in the Spaces, Contemporary Psychoanalysis, 32:509-535

Alford, CF Trauma Culture and PTSD "PTSD is a Culturally Bound Concept" (2016) p pages 4-31

This class will discuss

- Dissociative Disorders
- Contemporary philosophical issues regarding PTSD
- Understanding and working with dissociative states
- Explore the Interpersonal hypothesis of anxiety from Sullivan
- Neuro-biological models of anxiety: Amygdala, Locus Ceruleus, pre-frontal cortical and the implications for psychotherapy
- Cognitive Behavioral understanding of anxiety and its management

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- DSM 5 categories of GAD, Obsessive Compulsive Disorder, Panic Disorder, Social Phobia and PTSD

October 27, 2016 CLASS VI: PERSONALITY DISORDERS 1

**READINGS: Costa Mcrae (1992) The Big Five Personality Traits
DSM5 Personality Disorders p 645-685
DSM 5 Alternative DSM 5 Model for Personality Disorders 761-781
Cloninger, RC The Genetics and Biology of the 7-Factor Model of Personality p
66-92**

These classes will introduce the various theories of personality:

- Exploring notions of Temperament, 5 factors of Personality, DSM5, Analytic varieties and theories
- Generally Review Hysterical, Obsessional, Perversions, Paranoid, Masochistic Borderline, Narcissistic, Schizoid,
- Analytic theories of personality:
- Theories of psychic energy (Eros and thanatos) transformation
- Theories of the object
- Pathological Object relations vs deficient selfobjects
- Relational and Attachment Disorders

November 3, 2016 CLASS VII BORDERLINE PERSONALITY

This class will focus:

On understanding the basis of Object relations theory from Klein and Jacobsen to Kernberg to Fonagy

**READINGS: Fonagy, P., Target, M., Gergely, G., Allen, J.G., Bateman, A.W. (2003). The Developmental Root... Psychoanal. Inq., 23:412-459.
Kernberg, O. (1966). Structural Derivatives of Object Relationships. Int. J. Psycho-Anal., 47:236-252.
Kernberg, O. (1967). Borderline Personality Organization. J. Amer. Psychoanal. Assn., 15:641-685.
Kernberg, O. (1968). The Treatment of Patients with Borderline Personality Organization. Int. J. Psycho-Anal., 49:600-619.**

(2003). Psychoanalytic Inquiry, 23:412-459

- Beginning to listen to clinical material with a patient with BPD

November 10, 2016 CLASS VIII NARCISSISTIC PERSONALITY

**READINGS: Kohut, H. (1966). Forms and Transformations of Narcissism. J. Amer. Psychoanal. Assn., 14:243-272.
Kernberg, O.F. (1974). Contrasting Viewpoints Regarding the Nature and Psychoanalytic... J. Amer. Psychoanal. Assn., 22:255-267.
Winnicott, D (1960) Ego Distortion in terms of True and False Self**

This class will introduce

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- Self Psychology and the theory of the self-object transference
- Two person thinking about psychopathology – relationality and a-relationality
- Annihilation Anxiety and the loss of meaning

November 17 CLASS X: Suicide

This class will examine ethical and legal issues dealing with a suicidal patient

Goodwin, F., Redfield, J. (2007), “Chapter 7: Suicide” in *Manic Depressive Illness, Bipolar Disorders and Recurrent Depression*. New York: Oxford Univeristy Press. Pp. 247-269.

Bongar, B. (2002), “Chapter 4: Outpatient management and treatment of the suicidal patient” in *The Suicidal Patient: Clinical and Legal Standards of Care*. Washington DC.: American Psychological Assn. Pp.139-176.

- Review a manual for clinicians regarding suicide
- Discuss the case of Ellen West
- Discuss Final Exit
- The “State” as the “third”
- Duty to report and take action