WILLIAM ALANSON WHITE INSTITUTE

PSYCHOPATHOLOGY FOR LICENSED CERTIFIED PSYCHOANALYTIC PROGRAM

TEN CLASSES:

This class has reading assignments, projects, clinical suggestions, and progress assessments.

September 15, 2016  CLASS I : INTRO TO PSYCHOPATHOLOGY
Read: Pages Intro: 1-25, Peruse 31-87 (Focus on p59-66); review carefully p747-748; read and learn 87-123; memorize p742-744.
Shim, R Compton, M (2015) Social Determinants of Mental Illness Chapter, American Psychiatric Publishing Chapter 1 From Social Determinants of Mental Illness p1-18; chapter 3 Adverse Childhood 47-65

This class will provide a general introduction to issues of diagnosing psychopathology.
- History of observing mental illness in Greece, Medieval, and Enlightenment epochs, and general objections of “anti-psychiatry” movements of 19th Century
- Emergence of Kraepelin vs Freud
- Early 20th Century ideas: Freud, Jung, Reich, Morton Prince,
- Mid-20th Century ideas: Klein, Fairbairn, Federn, Sullivan
- Mid-Century objections to Psychiatric Diagnosis: Lacan, Foucoul, Feminist, Szasz, Laings
- DSM II vs DSM III – the limits of etiological models
- The rise of Cognitive Behavioral Models and the rebirth of Kraeplin
- Attachment styles, neo-dissociation theory,
- DSM V and RDC criteria

September 22, 2016  CLASS II – CONSTITUTIONAL DISORDERS Disorders of Attention, Learning, and Memory, Psychosis, Dementia
Read: Pages Intro: 1-25, Peruse 31-87 (Focus on p59-66); review carefully p747-748; read and learn 87-123; memorize p742-744.
Nancy McWilliams (1994) Psychoanalytic Diagnosis, Guilford, NY (Chapter 2: p19-39)

This class will review:
- What parts of the brain are implicated
- Symptoms and assessments
- Comorbidity with Bipolar Disorder
- Observing patients on medication – side effects
- Impact on developing robust, accurate, congruent-over-time, benign and whole internal object representations and accessing them
- Impact on the self, attachment, and mentalization
- Impact on affect regulation, judgment, insight,
- Impact on GAF
- Impact on treatment

September 29, 2016  CLASS III : CONSTITUTIONAL FACTORS:
NEURODEVELOPMENTAL DISORDERS, SCHIZOPHRENIA SPECTRUM,
Readings include previous two weeks.
This class will
- Review the history of bipolar disorder from ancient Greece through Kraeplin, reviewing the literature describing clinical states by patients and their “healers”
- Freud, Klein, Jacobson on Manic Depression
- Discuss the bipolar hypothesis, family history hypothesis, biomedical description
- Review criteria for formal thought process disorder
- Discuss the meaning of “mood”, “affect” and feelings – focus on irritability
- Differential diagnostic issues with Schizophrenia, Bipolar, and Schizoaffective Disorders
- Examine the criteria for Schizophrenia including positive and negative symptoms
- Examine the criteria for Bipolar Disorder with a focus on Bipolar I mania and depression

October 6, 2016  CLASS IV : CONSTITUTIONAL FACTORS
CONTINUED: EXECUTIVE FUNCTIONING DISORDERS, BIPOLAR SPECTRUM DISORDERS Bipolar I, II, Mixed States, Bipolar Depression, Atypical Depression, Rapid Cycling and Ultra rapid forms;
READING: DSM 5:BIPOLAR AND RELATED DISORDERS; pages 12-155
Ghaemi, Goodwin, et al: Diagnosis of bipolar depression page 4-31
Nancy McWilliams (1994) Psychoanalytic Diagnosis, Guilford, NY (Chapter 2: p19-39)
Ghaemi in Depression 2013 Postmodernism Debunked

This class will
- Explore the impact of specific cognitive deficits associated with bipolar and unipolar disorders including ADHD
- Provide a framework for later comprehending problems resultant in object-relations, self-object, mentalization and defensive structure formation in Executive Function Deficits with implications for treatment
- Teach in greater depth the criteria for Bipolar disorder (DIGFAST)
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- Focus on the complex differential diagnosis of Bipolar disorder, Personality Disorder, Unipolar Depression,
- Examine criteria for mixed symptoms of anxiety comorbid with depression, agitated depression, atypical depression
- Review Ghaemi’s criteria of bipolarity
- Explore clinical material of different aspects of these disorders

October 13, 2016       CLASS IV: UNIPOLAR DISORDERS
READING: DSM5-Depressive Disorders p 155-189; also Anxiety Disorder 189-235
Nancy McWilliams (1994) Psychoanalytic Diagnosis, Guilford, NY (Chapter 6 p117-144)
Ghaemi, N (2103) : On Depression, Johns Hopkins University Press, Baltimore
Chapter 2 pages 11-34
This class will discuss the Unipolar Depressions
  - Biological hypothesis: HPA Axis, neurotransmitter models activity, overlap of anxiety and depression
  - Kendler’s epidemiology of Depression and Anxiety : Gene and environment influence
  - Brief review of Psychoanalytic models:
    Abraham
    Freud
    Klein
    Bibring
    Jacobson
    Sullivan
  Brief review of Cognitive Behavioral Models: 7 errors of thinking
Biography vs environment in depression - Gahemi

October 20, 2016       CLASS V: TRAUMATIC DISORDERS
READING: Bromberg, Standing in the spaces
Alford, CF Trauma Culture and PTSD “PTSD is a Culturally Bound Concept” (2016) p pages 4-31
This class will discuss
  Dissociative Disorders
  Contemporary philosophical issues regarding PTSD
  Understanding and working with dissociative states
  - Explore the Interpersonal hypothesis of anxiety from Sullivan
  - Neuro-biological models of anxiety: Amygdala, Locus Ceruleus, pre-frontal cortical and the implications for psychotherapy
  - Cognitive Behavioral understanding of anxiety and its management
October 27, 2016  CLASS VI: PERSONALITY DISORDERS 1
READINGS: Costa Mcrae (1992) The Big Five Personality Traits
DSM5 Personality Disorders p 645-685
DSM 5 Alternative DSM 5 Model for Personality Disorders 761-781
Cloninger, RC The Genetics and Biology of the 7-Factor Model of Personality p 66-92

These classes will introduce the various theories of personality:
- Exploring notions of Temperament, 5 factors of Personality, DSM5, Analytic varieties and theories
- Generally Review Hysterical, Obsessional, Perversions, Paranoid, Masochistic Borderline, Narcissistic, Schizoid,
- Analytic theories of personality:
- Theories of psychic energy (Eros and thanatos) transformation
- Theories of the object
- Pathological Object relations vs deficient selfobjects
- Relational and Attachment Disorders

November 3, 2016  CLASS VII BORDERLINE PERSONALITY
This class will focus:
On understanding the basis of Object relations theory from Klein and Jacobsen to Kernberg to Fonagy
- Beginning to listen to clinical material with a patient with BPD

November 10, 2016  CLASS VIII NARCISSISTIC PERSONALITY
Winnicott, D (1960) Ego Distortion in terms of True and False Self
This class will introduce
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- Self Psychology and the theory of the self-object transference
- Two person thinking about psychopathology – relationality and a-relationality
- Annihilation Anxiety and the loss of meaning

November 17         CLASS X: Suicide
This class will examine ethical and legal issues dealing with a suicidal patient
Goodwin, F., Redfield, J. (2007), “Chapter 7: Suicide” in Manic Depressive Illness,
Bipolar Disorders and Recurrent Depression. New York: Oxford Univeristy
Bongar, B. (2002), “Chapter 4: Outpatient management and treatment of the
suicidal patient” in The Suicidal Patient: Clinical and Legal Standards of Care.
- Review a manual for clinicians regarding suicide
- Discuss the case of Ellen West
- Discuss Final Exit
- The “State” as the “third”
- Duty to report and take action